FACT SHEET
Inbound Exchange Students

上智大学
SOPHIA UNIVERSITY



SOPHIA UNIVERSITY

2022-2023

叡智が世界をつなぐ
Sophia – Bringing the World Together

Institution

Sophia University

7-1 Kioi-cho Chiyoda-ku, Tokyo 102-8554 Japan

http://www.sophia.ac.jp/eng/index.html

Office

Office of Global Education and Collaboration

http://www.sophia.ac.jp/eng/admissions/exchangeprograms

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Contact

Inbound (from Partners to Sophia) Exchange Student Coordinators	**inbound-co@sophia.ac.jp**
Outbound (from Sophia to Partners) Exchange Student Coordinators	**outbound-co@sophia.ac.jp**
Sophia Short-term Programs	**ssprgrm-co@sophia.ac.jp**
Agreement, General Inquiries	**overseas-co@sophia.ac.jp**

GENERAL INFORMATION

Foundation	Sophia University is a private Jesuit university founded in 1913 located in the heart of Tokyo, aiming to foster “For Others, With Others”.
Key Features	One of the top private universities in Japan Japan's pioneer in global education Diversity on one campus in the fascinating city of Tokyo Wide variety of English-medium programs Renowned for offering high-quality language education
Facts & Figures	9 undergraduate faculties with 29 departments / 10 graduate schools with 27 programs Total Full-time Student Enrollment: 14,000-15,000 Faculty Staff: 1,450-1,500 (Full time staff from around 25 countries) Number of International Students: 1,500-2,000 (around 80 countries in total)
Campus Location	Tokyo, JAPAN The campus is centrally located within walking distance of the National Diet, Imperial Palace and the State Guest House. Shinjuku, the world's busiest transport hub is just 5 minutes' train ride away from Yotsuya, the closest station from Sophia University.

APPLICATION

Qualification	・Applicant must be enrolled as a full-time student at his or her home institution during the exchange period. ・Average GPA 3.0 out of 4.0 or equivalent. Applicants should complete at least 1 semester of study by the time of application unless otherwise agreed in bilateral agreements.
Language Requirements	<English-taught Programs> minimum TOEFL iBT 79, TOEFL ITP 550, IELTS 6.0, TOEIC 730, or Cambridge English Proficiency (CPE) or Advanced (CAE) <Graduate Program of Global Studies> TOEFL iBT 100, TOEFL ITP 600, IELTS 7.0, or TOEIC870 <Japanese-taught Programs> Japanese Language Proficiency Test N1 level (Graduate program may require a higher level for the breakdown score*) *Applicants who wish to enroll in the Japanese Language Education Course (日本語教育学コース) subjects in the Graduate Program in Linguistics(言語学専攻) must submit proof of a JLPT N1 score of 150 or higher.
Application Materials	For All Applicants: Application Form Recommendation Letter Official transcript in English List of Courses Enrolled in Current Semester Proof of Language Proficiency (see the right*) Certificate of Health Digital Photograph Photo copy of passport CoE Application Form Housing Application (online form) *for ALL applicants from non-English-speaking institutions applying for English-taught program: Valid IELTS/ TOEIC/ TOEFL (ITP or iBT)/ Cambridge English results *only for applicants applying for Japanese-taught program: JLPT N1 certificate
Visa Requirements	College Students Visa or other suitable visa status (short-term visit visa will not be allowed)
Application Deadline	Spring entrance (April): November 10 Autumn entrance (September): April 10

ACADEMIC PROGRAM GUIDE

Levels of Study	Undergraduate and Graduate
Language of Instruction	Japanese or English

English-taught Undergraduate Departments

Faculty of Liberal Arts (FLA)	**Department of Liberal Arts**
	Centered around courses in Comparative Culture, International Business and Economics, and Social Studies, the broad interdisciplinary curriculum of the Faculty of Liberal Arts (FLA) is designed to extend the general knowledge of students while developing their critical thinking ability. A wide range of courses that are focused on Japan help students gain an understanding of both present-day Japan and its traditions in a global context.
	Website: https://www.sophia.ac.jp/eng/program/undergraduate_c/UG_LA/index.html
Faculty of Science and Technology (FST)	**Department of Materials and Life Sciences - Green Science Program**
	The Green Science program is designed to provide a fundamental knowledge of substances, and to resolve environmental issues at the atomic and molecular levels based on green material sciences.
	Website: http://www.st.sophia.ac.jp/english/about-us/index.html
	Department of Engineering and Applied Sciences - Green Engineering Program
	The Green Engineering program is designed to provide electrical and mechanical engineering skills that will lead to the further development of energy-conservation technologies, efficient power generation, transmission and distribution.
	Website: http://www.st.sophia.ac.jp/english/about-us/index.html

*** In addition to the faculties listed above, many other faculties offer lecture classes taught in English.**
Students may take other lecture courses while being enrolled in the Faculty above. Details will be provided after accepted.

English-Taught Graduate Programs

Global Studies (GPGS)	The Graduate Program in Global Studies emphasizes inquiry into the contemporary world and its historical antecedents by combining the interdisciplinary themes of global studies, theories and the methods of academic disciplines, and cross-cultural understandings of Japanese and area studies. It has three MA degrees - Global Studies, International Business and Development Studies, and Japanese Studies - each with its own specialized curriculum. Graduate exchange students are welcome to take content courses that are consistent with their graduate degree and for which they have sufficient background.
	Website: https://www.sophia.ac.jp/eng/program/graduate_p/gpgs/gpgs.html
Global Environmental Studies (GES)	The curriculum covers three fields: Economics and Business Administration for the Environment, Law and Policies, Sociology for the Environment, and Science and Engineering for the Environment. One of the strategies of this program is to enhance the capacity of students to contribute to the solving of current environmental issues by offering them a wide variety of practical and discipline-specific programs.
	Website: http://www.genv.sophia.ac.jp/english/index.html
Green Science and Engineering	Green Science and Engineering places an emphasis on environment- and sustainability-related studies, which are of paramount importance to the future of mankind. To foster cross-disciplinary education, faculty members drawn from all the other eight divisions(see details from website) are involved in the teaching.
	Website: http://www.st.sophia.ac.jp/english/graduate-studies/index.html
Linguistics <TESOL>	Program in Linguistics (TESOL) provides courses with an emphasis on both theory and practice. The faculty members represent a diverse spectrum of applied linguistics and language education, ensuring a comprehensive program for all who are interested in teaching English as a second or foreign language.

日本語受入学科　Japanese-Taught Departments

各学部学科・研究科情報：　http://www.sophia.ac.jp/jpn/program

神学部	神学科
文学部	哲学科、史学科、国文学科、英文学科、ドイツ文学科、フランス文学科、新聞学科
総合人間科学部	教育学科、心理学科、社会学科、社会福祉学科、看護学科
法学部	法律学科、国際関係法学科、地球環境法学科
経済学部	経済学科、経営学科
外国語学部	英語学科、ドイツ語学科、フランス語学科、イスパニア語学科、ロシア語学科、ポルトガル語学科
総合グローバル学部	総合グローバル学科
理工学部	物質生命理工学科、機能創造理工学科、情報理工学科

日本語受入専攻　Japanese-Taught Graduate Programs

神学研究科	神学専攻、組織神学専攻
実践宗教学研究科	死生学専攻
文学研究科	哲学専攻、史学専攻、国文学専攻、英米文学専攻、ドイツ文学専攻、フランス文学専攻、新聞学専攻、文化交渉学専攻
総合人間科学研究科	教育学専攻、心理学専攻、社会学専攻、社会福祉学専攻、看護学専攻
法学研究科	法律学専攻、法曹養成専攻
経済学研究科	経済学専攻、経営学専攻
グローバル・スタディーズ研究科	国際関係論専攻、地域研究専攻
言語科学研究科	言語学専攻
理工学研究科	理工学専攻
地球環境学研究科	地球環境学専攻






COURSE GUIDE

Course Information	・Bulletin for spring and autumn semester 2023 will be published in March 2023. Course offer and syllabi may vary each year. Please refer to the latest information available online.
	Website: http://www.sophia.ac.jp/eng/admissions/exchangeprograms/course_info
Japanese Language Course	The Center for Language Education and Research provides multiple tracks and levels of Japanese language courses according to students' needs and linguistic backgrounds. Students who wish to attend Japanese class can choose from regular track or intensive track. Students who have prior Japanese study experience will be placed to appropriate class level according to the result of Japanese placement test.
	Website: http://www.sophia-cler.jp/study/ja/lesson.html
	Regular Track (4 credits)
	The regular track offers beginning, intermediate and advanced courses where 100-minute classes meet four or five times per week. This track aims to focus on developing communicative competence through extensive practice by integrating four skills, listening, speaking, reading and writing.
	Intensive Track (8 credits)
	The intensive track, which offers four-level intensive courses at basic, intermediate, and advanced levels, is designed for students whose main purpose of coming to Japan is to mainly study Japanese. Sixteen hours of class time per week allow students to spend sufficient time to gain the high level of Japanese proficiency.
Registration Requirements	*Exchange students must register and attend more than 10 hours of classes per week. To fulfill this requirement, attending at least 6 periods (100 minutes constitute one period) every week is necessary.
Course Restriction	・FLA core programs, FST laboratory classes, GPGS compulsory courses, the foreign language courses (except Japanese language), seminars, compulsory courses in General Studies, "Studies in Christian Humanism: For Others, with Others", "Liberal Arts of the Body", "Critical Thinking & Writing", "Overview of Data Science", "Thinking about Issues, Perspectives and Positionality" are NOT open to exchange students. ・Exchange students should choose most courses from the departments/graduate program that he/she enrolled in.
Credit Restriction (per semester)	Faculty of Liberal Arts: 20 Faculty of Science and Technology: 26 Graduate Program in Global Studies: 12
Standard Course Load	・Regular Japanese track + 2-4 lecture classes ・Intensive Japanese track + 1-3 lecture classes ・14 credits of lecture classes or more
Short-term Programs	Sophia University offers short-term programs in June, July and January. Short-term programs is aside from exchange program and participants of short-term programs should arrange their own visa and accommodation. The programs enable participants to look at Japan from many different perspectives. As for the summer session, over 11,000 students from around the globe have attended the programs over the years, and many have gone on to pursue exciting careers related to Japan.
	Website: https://www.sophia.ac.jp/eng/admissions/summer/index.html

CREDIT EXPLANATION & GRADING SYSTEM

Credits	**Type of course**	**Credits awarded**		
	Lecture course	2 or 4 credits per course :one credit = 675 minutes class successfully completed		
	Language course	2-8 credits, depending on the course: one credit = 1,350 minutes class successfully completed		
	Physical education practice	1 credit per course: one credit = 1,350 minutes class successfully completed		
Grading Scale	**Grade**	**Scale**	**Description**	**Quality Point Index**
	A B C D W F	100 - 90 89 - 80 79 - 70 69 - 60	Excellent Good Satisfactory Passing Withdrawal Failure	4.0 3.0 2.0 1.0

ACADEMIC CALENDAR in 2023 (based on AY2022 - subject to change)

	Spring Semester	Autumn Semester
Arrival Date	April 1 (or earlier depending on the quarantine requirements)	September 19 and 20
Orientation	April 2	September 21
JP Placement Test	April 3	September 22
Course Registration	early - mid April	late September - early October
Classes	April 12 - July 21	September 27 - January 23
Final Exams	July 24 - July 31	January 24 - January 31
Transcript Issuance	**MID-SEPTEMBER**	**LATE MARCH**
Other Important Academic Information	Summer Recess : August 1 - September 20 Winter Recess : December 25 - January 9 Spring Recess : February 1 - March 31	

ACCOMMODATION AND LIVING EXPENSES

	Housing	1 semester (4 months) - 1 year (10 months) (Subject to change without notice)
Off-Campus Accommodation	**Sophia Soshigaya International House**	220,000 - 590,000 yen
	Sophia-Arrupe International Residence	480,000 - 1,050,000 yen
	Kasai International House for Women	320,000 - 750,000 yen
	DK House Tokyo Nerima	320,000 - 710,000 yen
	DK House Shinkoiwa	320,000 - 710,000 yen
	Wakeijuku for Men	540,000 - 1,200,000 yen
	Social Residence Higashikoganei	320,000 - 730,000 yen
	FlatShare SHIN-Otsuka Campus	400,000 - 800,000 yen
	Dormy Naka Kasai Global House	490,000 - 990,000 yen
	Nakanosakaue (Name Undecided / open in April 2023)	560,000 - 1,230,000 yen
	BeGood ZoshigayaEkimae	420,000 - 880,000 yen
Other Expenses	Meals: 30,000 - 60,000 yen per month/ Public Transportation: 5,000 - 10,000 yen per month Books: 30,000 - 50,000 yen per semester/ Personal Expenses: 30,000 yen per month (depends on)	
Insurance (Mandatory)	**Japanese National Health Insurance**	**Personal Accident Insurance for Students Pursuing Education and Research**
	1,500-3,000 yen/ month (depends on resident areas)	800 yen

OTHER INFORMATION

Airport Pick Up Service (Fee-based)	Available for students who arranged housing through Sophia and arrive during the designated arrival date & time. Agency arranged by Sophia will escort you from the airport to their accommodations.
Student Supporter	Exchange students can sign up for student supporter program before arriving at Sophia. The supporter student is usually the first Sophia student exchange student meet before class starts. Not only student supporters assist exchange students in the beginning of the semester with their needs, students are also encouraged to interact with each other throughout the study abroad period and onwards.
Global- Network	"Global-Network," or more commonly known as "GL-Net" is a student volunteer organization runs various events for interaction of local and international students at Sophia. What makes"GL-NET" unique is that it is officially sponsored by the Center for Global Education and Discovery, Sophia University.
Extracurricular Activities	At Sophia University, more than 270 groups are active as authorized circles. All exchange students are welcome to participate in Sophia's Extracurricular Activities. For more information including the list of student club and circles, please visit the link below. Website: http://www.sophia.ac.jp/eng/studentlife/support/EA
Youtube Instagram	https://www.youtube.com/playlist?list=PLPmHXQbKIWTxi0QFyti3D6dUjtlt0Uf6d https://www.instagram.com/sophiauniversity/?hl=en




